FEEL ANYWHERE

# FEEL ANYWHEREで提供されいるプログラム(2022年10月1日時点)

2022/10/1 版

注意事項：この強度評価表は各種情報を総合してMORE BRILLIANTのオーサーが独自に作成したものです。強度評価の精度については保証できません。このファイルはご本人の責任においてご活用ください。

| 強度レベル | レギュラープログラム | | | | | | イベントプログラム | | | 強度レベル |
|---|---|---|---|---|---|---|---|---|---|---|
| | Body Burn シリーズ | | | Body Shape シリーズ | | | 提供終了（リザレクション対象）※1 | | | |
| | | | | Waist | Back & Arm | Leg | | | | |
| | | | | BSW / BSWi | BSB / BSBi | BSL | | | | |
| 10 | | | | | | | | | | 10 |
| | BB3 HOUS3 | | BB3 HH2 | | | | | | | |
| 9 | | BB3 HOUS1 | | | | | | | | 9 |
| | BB3 ROCk1 | | | | BSBi HOUS1 | | BB3 HIT4 | BB3 HIT5 | | |
| 8 | | | | | | | | BB3 HIT6 | | 8 |
| | BB2 HOUS3 | BB3 UPGD1 | | | | | | | | |
| | | BB3 Comp1 | BB2 METAL1 | | | | | | | |
| 7 | | | | BSW HIT7 | | | | BB2 ARGD | BSL HIT6 | 7 |
| | BEERCYCLE | | | BSWi HOUS1 | | BSL HOUS1 | BB2 EDM | | BSB HIT5 | |
| | BB2 JAZZ1 | | | BSWi HH1 | BSB JAZZ1 | BSL HOUS2 | BSL HIT5 | | | |
| 6 | BB2 HIT18 | BB2 90's2 | | BSWi METAL1 | | BSL DEEP2 | | | BB2 HIT16 | 6 |
| | BB2 HH2 | | BB2 METAL2 | | BSB HH1 | BSL DEEP1 | BB2 DVGT | BB2 P!NK | | |
| | BB2 REGG2 | | | BSW ROCK1 | | | BB2 FLG | BB2 QUEEN | BB2 SUMR2 | |
| | | | | | | | | | BB2 Xmas3 | |
| 5 | BB2 HIT19 | BB2 UPGD2 | BB2 HBHC | BSW HIT8 | BSB HIT7 | BSL HIT8 | BB2 HIT12 | BB2 HIT15 | | 5 |
| | BB2 90s1 | | BB2 BEYONCÉ | BSW REGG1 | | | BB2 Avicii | | BB2 GRDY | |
| | | | BB2 EDSR | BSW COMP1 | BSB HOUS1 | BSB REGG1 | | BB2 MJ2 | BB2 BTLS3 | |
| | BB2 REGG1 | BB2 HIT22 | | | BSB ROCK1 | | BB2 ZEDD | BB2 MOVIE2 | | |
| | BB2 COMP1 | BB210s1 | BB2 RDMC | | BSB COMP1 | | | | | |
| 4 | | | | | | | | | | 4 |
| | | | | | | | BB2 RHNA | BB2 JUSTIN | | |
| | BB2 COMP2 | BB2 COMP5 | BB2 SOUL2 | | | | BB2 HIT17 | BSW HIT6 | BSB HIT4 | |
| | BB2 HIT21 | BB2 HOUS4 | BB2 RHCP | | | | BB2 MJ1 | | BSL HIT7 | |
| | | | BB2 JMCF | | | | BB2 PTX | BB2 SUMR1 | | |
| 3 | BB2 MLN1 | BB2 SOUL1 | | | | | BB2 HIT10 | BB2 HIT14 | | 3 |
| | | BB2 HH1 | | | | | | BB2 MDNA1 | BB2 MJ3 | |
| | BB2 COMP4 | BB1 HOUS1 | | | | | BB2 QOP1 | BSB HIT1,2 | BSW HIT5 | |
| | | | | | | | BSL HIT1,2,3 | BSW HIT2 | | |
| | BB1 QUEEN | | | | | | | | | |
| 2 | BB110s1 | BB1 HIT11 | | | | | | BB1 HIT9 | | 2 |
| | BB1 COMP2 | BB1 COMP4 | | | | | BB1 HIT8 | | | |
| 1 | | BB1 COMP1 | | | | | BB1 TSFT | | | 1 |
| | BB1 90's | | | 「枠のみ」はスタジオ提供のプログラムあり | | | | | | |

designed by MORE BRILLIANT OCT.2022